

1) United For Literacy: Elmwood Summer Literacy Camp - \$2,500.00

July 2 – Sept 2, 2024 (Ongoing Project)

The Elmwood Summer Literacy Program is a free day camp that provided youth aged 6-12 with the supports they need to improve their reading, writing and math skills, as well as develop a greater sense of self-confidence and a positive relationship to learning. Youth, many of whom are refugees and newcomers, stay physically active and academically engaged by reading, making crafts, performing science experiments and working together.

The Elmwood Tots Family Literacy Workshop engages parents/caregivers and young children from the community for three workshops. United for Literacy will help the adults prepare their children for school and teach them ways to incorporate learning at home. We will also distribute activity kits and books to each participant.

5 priority areas of the Chalmers Five Year Neighbourhood Plan were addressed: Safety, Health & Wellness, Poverty & Opportunity, Community Connecting, and Citizen Engagement.

3 of the community building activities were supported by this project: Capacity Building, Well-Being, and Economic Development.

Final Numbers: **63** learners were impacted by these programs. **35** learners attended the camp this summer, and we served **28** families through the program this summer

Feedback:

"I want to say thank you so much to your organization for visiting us numerous times throughout the summer! The families that have been attending our TIE program have really enjoyed your organization visiting us!" – Community Partner

"Thank you for the activity kit and book to take home." – Parent

"Mama read again please!" – Learner

2) RE/ACT: Reconnect Sessions - \$2,500.00

October 17, 2024 – runs for 12 sessions

In partnership with Riverwood Church, RE/ACT staff and volunteers facilitated therapeutic group activities. The reconnect project utilized two different forms of somatic therapy and enabled clients to reconnect with their bodies, emotions, and a sense of safety. Clients engaged in breath work and yoga practices on a weekly basis for a 12-week duration. They had the opportunity to learn practical coping skills, grounding techniques, and healthy movement practices in a group setting. Through this group class structure clients were able to connect with each other through pre-class check-ins and post-class debriefings.

Two priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health and Wellness, and Community Connecting

One of the community building activities were supported: Well-being

3) Bahaghari Pride: Fundraising Zumba Event - \$1,001.22

August 19, 2024 (One day event)

Bahaghari Pride partnered with Energize Z Fitness, Women's March Winnipeg, Kultivation Festivals, Chalmers Neighbourhood Renewal Corp, Crystal Saint Co, and Kalesa Food truck, to host a fundraising community zumba event. This event was a celebration of peoples unique identities, a way to build connections, and a chance to dance and have fun! Proceeds from this fundraiser went to both Bahaghari Pride as well as Women's March Winnipeg.

Two priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health and Wellness, and Community Connecting

One of the community building activities were supported: Well-being

Final Numbers: 30 attendees: 10 volunteers

4) Elmwood High's Canadian Academy of Travel and Tourism: Volunteer shirts & Walking Tours - \$2,500
September 9 2024 – December 9, 2024 (Ongoing)

The students from the Canadian Academy of Travel and Tourism at Elmwood High School had the opportunity to do some sight-seeing, and received volunteer shirts for their volunteering service. The student worked up to 220 hours volunteering by doing community clean-ups, and at events such as Elmwood Winter Family Fun Day, Happy Days on Henderson, and several others. The students appreciated getting to see more of Winnipeg. The hope is that as the students volunteer in their own community, they will become positive advocates for their community.

Four priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health and Wellness, Recreation, Citizen Engagement, and Community Connecting

One of the community building activities were supported by this project: Well-being

Final Numbers: 65 student participants

5) Elmwood High's Varsity Boys Basketball Program - \$2,500
November 11 2024 – March 15 2025 (Ongoing)

The varsity Boys Basketball Team provided basketball clinics for pre-k children and elementary aged children, as well as drop in camps for middle and high schoolers. They also ran an 8-week open community basketball league. This has been a very positive program, as the feedback they have received is that there are not many free organized sports opportunities in the area. The volunteers have also appreciated being able to continue playing sports, and now being a leader to the other participants. These kids are not only developing basketball skills, but life skills here.

Five priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Safety, Health & Wellness, Poverty and Opportunity, Citizen Engagement, and Community Connecting

Two of the community building activities were supported by this project: Capacity Building, and Well-being

Final Numbers: 40 participants. 15 volunteers

6) Elmwood Supply Company: Showcase Event - \$2,500
October 2024 – May 2025 (Ongoing)

The Elmwood Supply Co built on the accomplishments they created over the past few years, and launched the second annual event in the form of an Elmwood Supply Company showcase. The showcase was a combination of performances, personal stories, and a fashion show, which coincided with the launch of new pieces that the students created this year. They also focus on creating new forms of clothing that they've never produced before, such as using paint and sewing. They also used the

showcase to provide new experiences for the students and potentially community members as they had students create and serve charcuterie boards that they had never tried before.

Five priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health & Wellness, Poverty and Opportunity, Recreation, Citizen Engagement, and Community Connecting

Two of the community building activities were supported by the project: Well-being, and Economic Development

Final Numbers: 100 participants at the showcase, with about 80 students helping leading up to the main event, and 40 volunteers at the event.

7) Columbus House: Chair Yoga - \$1000 October 2024 – May 2025 (Ongoing)

This project provides a low maintenance exercise to help members become and stay healthy. Through this project the seniors who attend can enjoy social engagement, meet new people, keep moving, and stay active. The seniors like having the option to join in a fitness class right in their own building, which also helps build relationships.

Three priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health & Wellness, Recreation, and Citizen Engagement

Two of the community building activities were supported by this project: Well-being, and Economic Development

Final Numbers: This program sees an average of 6-10 participants weekly.

8) Elmwood Unity Walk: - \$1500 September 2024 – September 2025 (Ongoing)

The Elmwood Unity Walk provides support to the Elmwood community through the provision of resources such as: harm reduction kits, hygiene kits, food, water, warm clothing, and information on more resources available. Their presence also lets community members know there is someone looking out for them and patrolling the neighbourhood. The Elmwood Unity Walk helps remove dangerous objects from the streets while also helping volunteers connect, all while providing resources to the vulnerable community members.

They were able to add a Sunday afternoon walk this winter, and invite families to come out and walk as well, which were both very well received. Walking through the community and being a visible, friendly presence has helped people feel at ease and trust us. Offering emergency items has made an immediate difference in the lives of people, who are often referred to the community centre for help with long-term needs. Walking a variety of different routes has helped us meet new members that need assistance.

Five priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Safety, Health & Wellness, Poverty and Opportunity, Parks/Recreation/Greening, and Connecting Community

Two of the community building activities: Stability, and Well-being

Final Numbers: 553 people were impacted. 109 volunteers assisted. Picked up 169 sharps, 79 other hazardous materials, reported broken streetlights and tripping hazards. Distributed 715 food items, 141 items of clothing, 20 harm reduction kits, 89 hygiene kits, 380 bottles of water, and 110 bubble pipes.

9) Kildonan Horizons: Christmas Dinner - \$2,500
December 18, 2024 (One day event)

The purpose of this project was to celebrate the season, and unite the tenants of their building, especially for those who have no other family. Their Christmas dinner event had food, prizes, gifts, and raffles. This event brought people together and helped to fight the isolation that some individuals experience, along with a sense of joy and fun.

Three priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health & Wellness, Poverty and Opportunity, and Citizen Engagement

One of the community building activities were supported by this project: Well-being

Final Numbers:

10) Colombian Alliance in Manitoba Inc (CAMI): Golden Years - \$2,490
March 30, 2024 – June 28, 2025 (Ongoing)

This project is a group for seniors who are also newcomers to Canada. This group met every Saturday. Together they did yoga, cooked traditional dishes, practiced traditional dances, played traditional games and sang songs, learned how to take the bus, visited the supermarket, and more. This group gave people the opportunity to be active as well as to connect with others as they are new to the country and their English skills are not strong enough to interact in everyday life.

Four priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Health & Wellness, Recreation, Citizen Engagement, and Connecting Community

Two of the community building activities were supported by this project: Well-being, and Economic Development

Final Numbers: Up to 14 people attended throughout the sessions, with 2 consistent volunteers.

Feedback: "When my daughter-in-law told me about CAMI's 55+ program, it's a wonderful group. Despite all the hustle and bustle of caring for a baby during the week, it was a great experience because I get to interact with people who are my age, speak my language, and participate in workshops on yoga, tai chi, painting and drawing, and crafts like crocheting and greeting cards."

11) Chalmers Neighbourhood Renewal Corp (CNRC): Safer Cleaner Chalmers - \$497.82
November 18, 2024 – November 25, 2025 (Ongoing)

This event provided a space for community members to connect with resources and ask questions that may pertain to issues they may be facing, whether it may be crime or property related. They had 2 nights of a Q&A style panel discussion. There were 3-4 panelists each evening. The community greatly appreciated the opportunity to bring up concerns they were seeing in their neighbourhood, and hear from experts on those issues. A community safety committee was started as a result of these events.

Four priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Safety, Housing, Health & Wellness, and Citizen Engagement

Three of the community building activities were supported by this project: Capacity Building, Stability, and Well-being

Partners: City of Winnipeg By-law, Emergency Paramedics, Manitoba Justice, Winnipeg Police Service, Aboriginal Alert, Ready Winnipeg, Canadian Mental Health Association

Final Numbers: There was about 50 people each night, with a total of around 100 attendees.

**12) Chalmers Neighbourhood Renewal Corp (CNRC): Emergency Food Hamper Program - \$1,000
October 15, 2024 – December 15, 2025 (Ongoing)**

The emergency food hamper program provides essential food items for individuals and families in Elmwood facing severe financial hardship. This program is focused on providing quick, short-term assistance through the distribution of non-perishable and frozen food. Through this program they are able to address immediate needs so individuals and families are able to avoid hunger and prevent malnutrition. This provides community members in need a resource that can redirect limited financial resources and alleviate mental health issues.

The program primarily benefited low-income residents that provided food hampers, thus allowing financial resources to be directed to other causes. The low barrier access to the program made it especially successful to the community.

Three priority areas of the Chalmers Neighbourhood Five Year Plan were addressed: Poverty & Opportunity, Citizen Engagement, and Connecting Community

Three of the community building activities were supported by this project: Stability, Well-being, and Economic Development

Final Numbers: More than 300 people were aided by this program.

Feedback: Clients that requested a hamper were ecstatic. Residents are enthusiastic with the location in the community and its lack of barriers.

**13) Chalmers Neighbourhood Renewal Corp (CNRC): Building Skill Together - \$760.96
November 2024 – March 2025**

This project helped to bridge the digital divide amongst residents from the community, equipping them with valuable digital skills in this modern world. Participants gained skills that can improve their employability, especially in sectors that require spreadsheets, project management, and other administrative skills. This also fostered community and social interaction.

One priority area of the Chalmers Neighbourhood Five Year Plan was addressed: Connecting Community

One of the community building activities were supported by this project: Economic Development