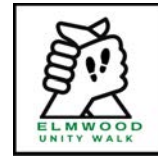




Elmwood - East Kildonan Active Living Centre



Seniors Helping Seniors and their Community



CHALMERS NEWS!

FEBRUARY 2025: EDITION 107.0



IN THIS EDITION:

- Welcoming our New Team Members
- Get ready for the Annual Elmwood Winter Fun Day!
- Community Safety Meeting Update
- More Hours for Our Community Safe Walk
- Tech Help Available for Elmwood Residents
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- Share Your Thoughts and Win a Free BAG
- Affordable Food Options for Elmwood Residents
- Need a Computer or Laptop?
- Join Us for a Community Valentine's Day Potluck and Dance!
- Introducing the Food Access Bus (FAB): Breaking Barriers to Food Security

IMPORTANT DATES FOR FEBRUARY 2025

Saturday | February 8 - Elmwood Winter Fun Day

Open to all ages (FREE)

Friday | February 14 - Community Valentine's Day Dance and Potluck

Open to all ages (FREE)

Monday | February 17 - Louis Riel Day

180 Poplar Avenue will be closed and will re-open on Tuesday, February 18.

WELCOMING OUR NEW TEAM MEMBERS

On Monday, January 13th, we welcomed our new team members to the community. Get to know them:

Bj – Housing Support Worker

Ryan – Elmwood Unity Walk Coordinator

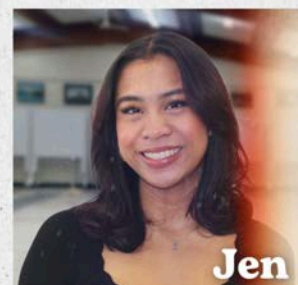
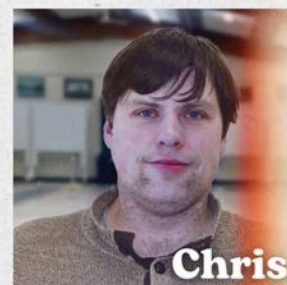
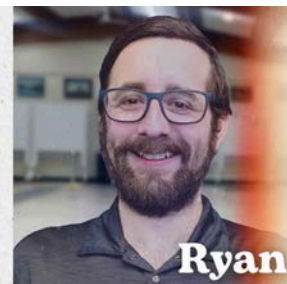
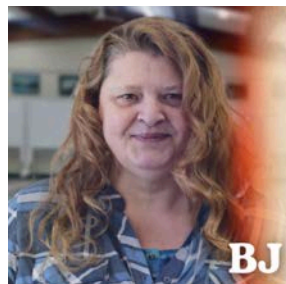
Franz – Tech Support

Ray – Admin Assistant

Chris – Food Security Manager

Jen – Energy Efficiency Advocate and B.A.G. Facilitator

Be sure to say hello to them when you see them at our centre or community events. We are excited for the contributions they will bring to our programs and services!



GET READY FOR THE ANNUAL ELMWOOD WINTER FUN DAY!

This FREE and fun-filled day is brought to you by the Bronx Community Centre, in collaboration with CNRC, other local organizations and businesses.

Join us on Saturday, February 8, 2025 as we take over the community with a range of winter activities to enjoy, including tobogganing, skating, jug curling and more. Wrap up warm and join the fun outside! Did we mention there will be FREE hotdogs?

A few reminders to make the most of the day:

- Make sure to dress warmly for the outdoor activities.
- Don't forget to bring your own reusable mug/cup/tumbler if you'd like to enjoy a hot drink.

It's going to be a wonderful day filled with winter fun and a chance to connect with our amazing community!

**ELMWOOD
WINTER FUN DAY!**

**SATURDAY
FEBRUARY 8, 2025**

**FREE ENTRY
TONS OF WINTER
ACTIVITIES TO ENJOY!**

**FREE HOTDOGS!
BRING YOUR OWN MUG
FOR FREE DRINKS.**

**281 HENDERSON HIGHWAY
CLARA HUGHES
RECREATION PARK**

11:00 AM TO 3:00 PM

BROUGHT TO YOU BY

MCC THRIFT 33's Glendale ECRC BRONX PARK COMMUNITY CENTRE CAMI FRESH CO BIKES & BEYOND

**For more information OR to donate:
204.667.5731 or facilitymanagerbrnxxpark.ca**

COMMUNITY SAFETY MEETING UPDATE

We're excited to share that on Monday, January 27th, we held our first Community Safety Meeting! This meeting followed our Safer Cleaner Chalmers events from November 2024, where many community members asked for another chance to connect.

We were delighted to welcome 30 residents who joined us to discuss their safety concerns and share suggestions for making our community safer and cleaner. We had the opportunity to hear from individuals with diverse backgrounds and experiences.

We also appreciated the presence of Elmwood-East Kildonan City Councillor Jason Schreyer, MP for Elmwood-Transcona Leila Dance, Acacia representing MLA Matt Wiebe (Concordia), and Randy representing MLA Jim Malloway (Elmwood), all of whom supported us at the event.

If you'd like to stay updated or are interested in joining our community safety committee, please reach out to Liz at housing@chalmersrenewal.org or (204) 219-6986.

Together, we can create a safer and cleaner community!



MORE HOURS FOR OUR COMMUNITY SAFE WALK

The Elmwood Unity Walk is a community safety patrol that serves the Elmwood neighbourhood through the Chalmers Neighbourhood Renewal Corporation (CNRC). Our goal is to help vulnerable people, build positive relationships, and keep the area clean. We aim to make the neighbourhood safer by being a regular positive presence.

We walk from 180 Poplar Avenue every Thursday and Sunday, weather permitting.

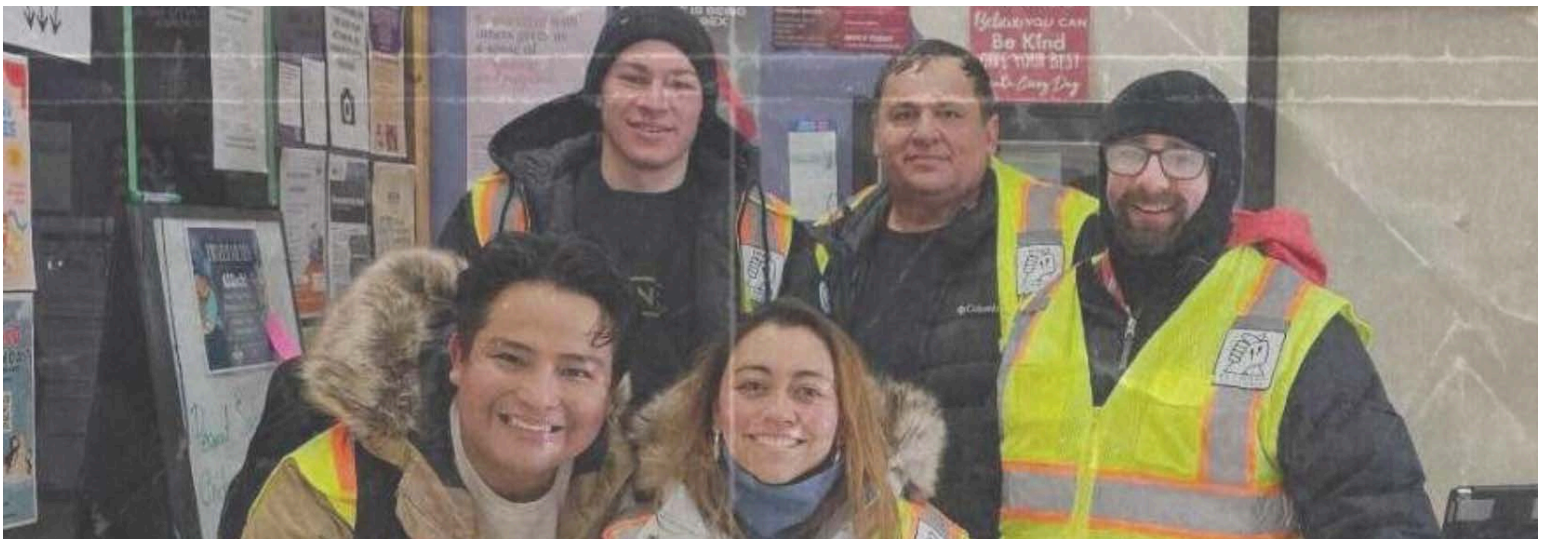
Thursday Schedule:

- 5:30 PM - 6:00 PM: Meals for volunteers (upon request)
- 6:00 PM - 8:00 PM: Unity Walk

Sunday Schedule:

- 1:30 PM - 2:00 PM: Meals for volunteers (upon request)
- 2:00 PM - 4:00 PM: Unity Walk

If you'd like to join our email list, please contact: Ryan at unitywalk@chalmersrenewal.org. Updates will also be shared in our Facebook group (Elmwood Unity Walk).

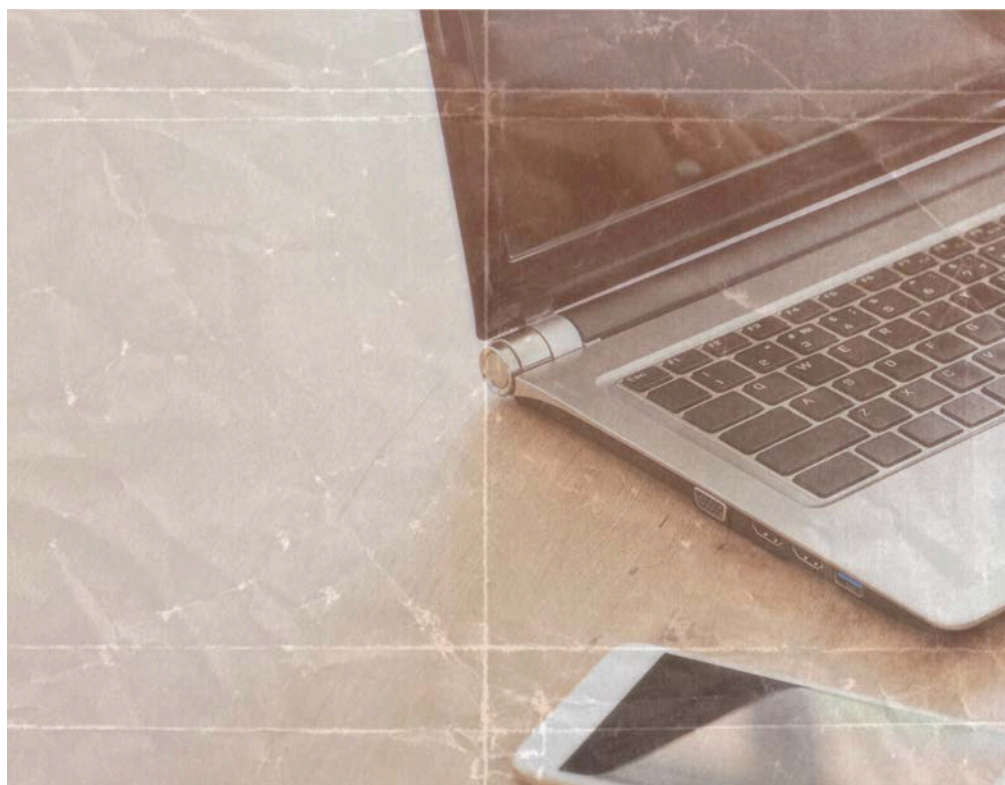


TECH HELP AVAILABLE FOR ELMWOOD RESIDENTS

If you live in Elmwood and need help with technology, good news! You can get support for simple tech tasks. This includes things like setting up your email, finding videos on YouTube, or using FaceTime.

Meet Franz, our new tech support helper. He is ready to work with you one-on-one. To schedule an appointment, just call (204) 669-0750 or email tech@chalmersrenewal.org.

This is a great chance to improve your tech skills and feel more comfortable using your devices. Don't wait—book your appointment today!



THANK YOU, JACQUIE!

We want to express our heartfelt gratitude to Jacquie for her dedicated hard work with the Better Access to Groceries (BAG) program! Since 2015, she has tirelessly served thousands of bags to those in need. As we transition, Jacquie has been generously sharing her knowledge and expertise about the BAG program with Chris and Jen.

We're pleased to share that she will stay with us at the 180 Poplar Avenue building as our Seniors/TIE Program Manager!

We truly appreciate all the effort our staff puts into their work, and we are especially thankful for Jacquie's invaluable contributions to our programs and services in our community.

Please feel free to drop by during our operating hours to say hello as she starts on her new role! Jacquie can also be reached at programs@chalmersrenewal.org or by calling (204) 669-0750.



SHARE YOUR THOUGHTS AND WIN A FREE BAG!

Do you receive our bi-weekly Better Access to Groceries (BAG) program? If so, we want to hear from you! Fill out the survey below for a chance to win a FREE BAG.

We are excited to welcome our food security manager, Chris, and our B.A.G. facilitator, Jen. As our BAG program grows to help more people in the community, your feedback is important to us.

If you have any questions or concerns, feel free to contact Chris at food@chalmersrenewal.org or Jen at elmwoodbag@gmail.com. You can also call them at (204) 669-0750.

Scan the QR code to fill-out the survey.



AFFORDABLE FOOD OPTIONS FOR ELMWOOD RESIDENTS

It is our goal to support local families by providing affordable food options. Residents can now buy 6 cans of Campbell's Mushroom, Vegetable, Chicken Noodle, or Tomato soup for just \$5, with a customizable mix of flavors. Peanut butter and pasta sauces are also available, while supplies last.

These deals can be found at the BAG program pick-up site and 180 Poplar Avenue, Monday to Friday, from 9:00 am to 5:00 pm.

For more information, feel free to call (204) 669-0750.



NEED A COMPUTER OR LAPTOP?

We can help! We work with "Computers for Schools" to offer affordable refurbished computers and laptops.

- Computers: \$12.50
- Laptops: \$125.00

To place an order, please contact Ray at frontdesk@chalmersrenewal.org or call (204) 669-0750.



JOIN US FOR A COMMUNITY VALENTINE'S DAY POTLUCK AND DANCE!

Valentine's Day is just around the corner, and we would love for you to join us for a fun community potluck and dance! Bring a dish to share and come ready to enjoy delicious food and dance to some classic love songs. Everyone is welcome!

If you have any questions, feel free to reach out to Jacquie at programs@chalmersrenewal.org or call (204) 669-0750.

We can't wait to celebrate with you!



The flyer features a pink background with various heart-themed illustrations. At the top left, there is a string of colorful hearts. Below it, the event details are listed: **When:** Friday, February 14; **Where:** 180 Poplar Avenue; **Time:** Potluck at 11:30 am, dance to follow until 2:00 pm. To the right of these details are two smiling hearts. At the bottom left, there are several more hearts, some with words like 'KISS', 'LOVE', and 'HUG'. At the bottom right, there is a large red heart with a yellow ribbon. The right side of the flyer is a light pink rounded rectangle containing the following text: 'Elmwood - East Kildonan Active Living Centre' with a handshake icon and the tagline 'Seniors Helping Seniors and their Community'. Below this is the event title 'Community Valentine's Day Potluck & Dance!' in large red font. Underneath, it says 'To: You' and 'From: CNRC'. At the very bottom right is the logo for 'CHALMERS NEIGHBOURHOOD RENEWAL CORPORATION'.

Elmwood - East Kildonan Active Living Centre

Seniors Helping Seniors and their Community

Community Valentine's Day Potluck & Dance!

To: You

From: CNRC

CHALMERS NEIGHBOURHOOD RENEWAL CORPORATION

INTRODUCING THE FOOD ACCESS BUS (FAB): BREAKING BARRIERS TO FOOD SECURITY

This program will not only make healthy food more accessible but also strengthen our community by fostering connections and supporting local food initiatives.



This has been made possible by the valued support of our City Councillor Jason Schreyer and City Councillor Jeff Browaty!

Key Highlights

- What: Launch of the Food Access Bus (FAB), a program to improve food security and accessibility.
- Where: Elmwood, East Kildonan and North Kildonan
- Why: To address transportation challenges preventing older adults and individuals who are mobility challenged from accessing affordable, nutritious food.

Program Features

- Reliable Transportation: Provides access to grocery/shopping stores
- Community Food Security: Aligns with CNRC's mission to combat food insecurity through partnerships and local initiatives.
- Sustainability Focus: Reduces environmental impact by promoting shared transportation.

Interested individuals who would like to register for the Food Access Bus service can reach out to Leilani by emailing director@chalmersrenewal.org or by calling (204) 669-0750.

Together, let's create a community where everyone has access to fresh, nutritious food!

THE CHALMERS NEIGHBOURHOOD RENEWAL CORPORATION RELIES ON THE GENEROUS SUPPORT OF OUR GOVERNMENT, PUBLIC, AND COMMUNITY PARTNERS.

THANK YOU FOR BEING A PART OF THE CNRC FAMILY!



Winnipeg Regional Health Authority Office régional de la santé de Winnipeg



GET IN TOUCH!



(204) 669-0750

(204) 219-6986 | Housing Support Line



www.chalmersrenewal.org



frontdesk@chalmersrenewal.org



180 Poplar Avenue, Winnipeg
Manitoba, Canada R2L 2C3



LET US KNOW HOW WE'RE DOING!

Scan the code to give us your valuable feedback!