



# ANNUAL GENERAL MEETING

2021-2022

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# Chalmers Neighbourhood Area Boundaries

We acknowledge that we are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene Peoples, and on the homeland of the Metis Nation. We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in the spirit of reconciliation and collaboration.



The geographic boundaries of the Chalmers Neighbourhood include Henderson Highway (West), Munroe Avenue (North), Raleigh Road (East) and as you enter the neighbourhood (South) from Archibald/Watt Street near the Nairn Avenue overpass or from either of the Disraeli or Louise Bridges.

## Mission Statement

Chalmers Neighbourhood Renewal Corporation (CNRC) is dedicated to connecting people and opportunity to build a safe, welcoming, and supportive community.

## Vision Statement

The CNRC Board adopted the following principles and values for guiding strategic planning, governance, and overall Board guidelines:

- Resident Focus
- Match up with existing By-laws and plans
- Building capacity in the community
- Mentorship supports
- Training supports
- Increased community engagement
- Trust and Accountability
- Noticeable Results
- Strong neighbourhood relations

## Guiding Values & Principles

The CNRC Board adopted the following principles and values for guiding strategic planning, governance, and overall Board guidelines:

**IDENTITY:** Enhancing the perceptions of a unique Chalmers neighbourhood in the broader community of Elmwood

**OPPORTUNITY:** Addressing issues related to poverty with innovative solutions

**INCREASING EXPECTATIONS:** Raising the baseline for basic standard of services

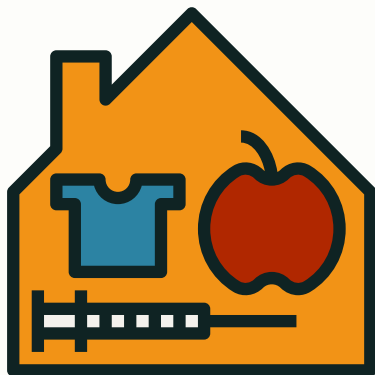
**COMMUNITY PROFILE:** A focus on children, youth, young families, older adults, newcomer Canadians and Aboriginal populations

**A FEELING OF SAFETY:** Throughout all aspects of living within the neighbourhood

**CITIZEN ENGAGEMENT:** Connecting people, places, and services



# CNRC's 5-Year Neighbourhood Plan 2019-2023



## Meeting the Basic Needs of Community Members!

- Build partnerships & plan actions to address poverty
- Co-sponsor services for newcomers
- Co-sponsor services for Indigenous peoples
- Co-sponsor training events for the community
- Lead & promote free special events



## Knowing about the Housing Plan & Housing Worker

- Share Chalmers housing brochure
- Send out housing newsletter
- Expand Chalmers Housing Committee



## Acting to Improve the Neighbourhood

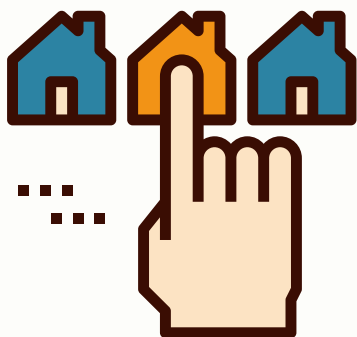
- Start 'Boost My Block' contest for beauty and safety
- Remove more bulky waste
- Raise awareness of City By-Laws
- Refer more safety issues to 311
- Clean up more graffiti
- Paint houses through *Take Pride Winnipeg*
- Plan a walking path on the Hydro Line

# CNRC's 5-Year Neighbourhood Plan 2019-2023

## Supporting Landlords, Renters and Homeowners



- Increase Rent Smart grads
- Keep working with Winnipeg Rental Network and Residential Tenancies Branch (RTB)
- Work to upgrade multi-family and duplex units
- Support Home Buyer Assistance families
- Continue Home Repair Workshops
- Co-host SEED Winnipeg Info sessions on saving money
- Plan for assisting derelict garage removals Help with home repair applications



## Developing Housing Plan Goals

- Include everyone in the housing plan
- Plan to improve derelict lots
- Work to increase affordable housing
- Keep residents in Chalmers long-term



## Getting Ready to Work

- Start programs to improve access to jobs
- Provide programs to build job skills

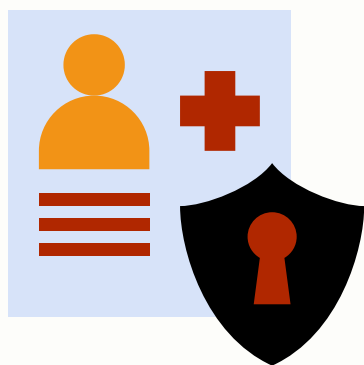


# CNRC's 5-Year Neighbourhood Plan 2019-2023



## Building Stronger Businesses

- Start Chalmers business coalition
- Research & start social enterprises



## Improving Safety

- Host Safer Cleaner Chalmers workshops
- Work for basic services
- Work with *Crime Prevention* by Environmental Design
- Support families living with violence & addictions
- Add Street Connections needle deposit boxes
- Start a local harm reduction plan for community members with addictions



## Partnering for Safety

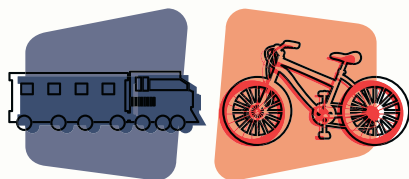
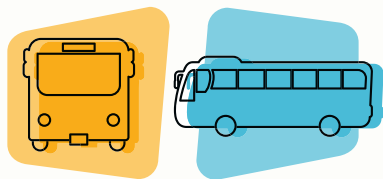
- Allow more access to safe spaces
- Work to reduce crime
- Start a safety charter



## Getting Healthy & Well

- Improve access to resources for mental health & wellness
- Provide equal access to health programs & services

# CNRC's 5-Year Neighbourhood Plan 2019-2023



## Getting Around

- Ensure equal access to buildings, parks and play spaces
- Renew Active Transportation Plan
- Start a Car Share program
- Improve walkability in neighbourhood



## Greening Chalmers

- Adding beauty to build community pride
- Build local gardening skills Keep up green spaces, yards & gardens
- Showcase bakers, makers & growers
- Improve parks & green spaces



## Eating Healthy, Affordable Food

- Plan to secure food options
- Increase access to fresh fruits, vegetables & healthy food
- Support seniors with meals & getting around
- Offer lunches, breakfast programs, food banks & community kitchens to support families



# MESSAGE FROM THE CHAIR

## Michel Durand-Wood

On behalf of the Chalmers Neighbourhood Renewal Corporation's Board and Staff, I'm thrilled to welcome you to our 10th Annual General Meeting and Neighbourhood Celebration.

Recalling the Treaty relationships formalized over a century ago in partnership with the Anishinaabe, Cree, Oji-Cree, Dakota and Dene peoples, as well as our location in the birthplace of the Metis Nation, we strive to live up to our ongoing responsibility to the earth, the water and the people in the Chalmers neighbourhood, and continually renew our commitment to leaving each better off than when we arrived. As we work together as neighbours for the benefit of our community, we must treat all children as our own children, all elders as our own elders, and always aspire to a Chalmers neighbourhood where everyone can share, participate in, and benefit from, a safe, prosperous, and equitable place to live, work and play.

This past year was an eventful one. In addition to our many longstanding programs such as Better Access to Groceries (BAG), Taxi Vouchers, and New Home Buyer Assistance, we also added many new ones, including the Energy Efficiency Program, helping Chalmers residents obtain no- or low-cost energy efficiency upgrades to save energy and money. Our work in the ReimagineElmwood coalition also continued, making our streets safer and easier to get around and meet daily needs. In the past year, a parklet was tested on Watt St, and we hosted Elmwood's first ever Night Market. Look for more projects in the coming year on Henderson Hwy and around the neighbourhood!

This coming year will mark the last in our 5-year neighbourhood plan, after which we'll develop a new plan, our third in all. Since the beginning, our approach has been, and will continue to be, incremental in nature. Knowing that we can't solve every problem at once, and also that not every problem can be solved in one go, we aim to always start where we are at, with the resources we have, humbly observe where people in the neighbourhood are struggling, then take the next smallest step we can take right now to ease that struggle. Then repeat that process the next day, and every day. After 10 years, we hope you feel as much progress has been made as we do.

As this marks the end of my term, I want to thank all the other invaluable Board volunteers with whom I've enjoyed working, and from whom I've learned so much, over these past 6 years. And of course, my deepest, heartfelt appreciation goes out to all of our smart, creative, and unbelievably dedicated staff. They are the ones putting these bold ideas into action every single day. We owe them our sincerest gratitude, and I'm thankful to have had the chance to witness firsthand their passion for bettering our neighbourhood.

And lastly, to everyone here today, a special thank you for your continual involvement and support as we all build a stronger Chalmers together!



*We aim to always start where we are at, with the resources we have, humbly observe where people in the neighbourhood are struggling, then take the next smallest step we can take right now to ease that struggle. Then repeat that process the next day, and every day.*

# Message from the Executive Director

## Leilani Esteban-Villarba

Another year has passed, and so many exciting things are happening! Our team continues to grow and expand with new projects underway.

The Chalmers community is an exciting place to be, with great people inspiring one another to do great things!

I want to take this opportunity to thank some of the partners, community champions and motivators, and some outstanding, wonderful and inspiring people who tirelessly work to connect people and opportunity to make Chalmers a safe, welcoming, and supportive community.

We take pride in the incredible work our partner organizations do for the community: Elmwood East Kildonan Active Living Centre, Elmwood Community Resource Centre, Riverwood Church, Glenelm Neighbourhood Association, MaMawi Chi Itata, Community Ventures, City of Winnipeg, Winnipeg School Division 1, Winnipeg Regional Health Authority, Chalmers Community Centre, Elmwood Business Coalition, Beautify Elmwood, Inner City Youth Studies, ReImagine Elmwood, Mb. Housing, Government of Canada, Assiniboine Credit Union, River East Neighbourhood Network, BIKE Winnipeg, Urban Systems, and the valued support of our local City Councillor, Member of Parliament and MLA's and those are only to name a few....

A big thank you to the following funders who help us to build a better community: Community Development Branch; Department of Community Relations, the Winnipeg Regional Health Authority, Healthy Together Now, Building Sustainable Communities, the Winnipeg Foundation, Efficiency Manitoba, Child and Youth Services Division; Department of Families, New Horizons for Seniors Programming, Canada Summer Jobs, Green Team, and the City of Winnipeg.

This year, we will have some new Board Members joining our team and some of our current Board Members that are at the end of their term and will be leaving. However, they still promise to stay actively involved with other initiatives with the Chalmers Neighbourhood Renewal!

Thank you to Michel Durand Wood who served as our Board Member and Chair of CNRC over the last six years. Michel has been the inspiration and motivation behind ReImagine Elmwood and making Elmwood “a place to go to and not go through!”. Every year that Michel has been with us he has brought innovative ideas and attainable goals to the community through ReImagine Elmwood to make our community a safe place to live, work, play, and volunteer.

Thank you to Eliyana Angelova who is also ending her 6-year term with us. Eliyana served as our Treasurer and provided us with her skills, expertise and passion while serving on our Board. Eliyana guided us and spent countless hours on our finances with a ton of patience and a beautiful smile to ensure that CNRC was always on track, transparent and accountable.

And a huge thank you to our continuing Board Members, Shelley, Jan, Nina, Carissa, Shawna, Gabe, and Chibuzor. We are looking forward to the new Board Members that will bring new ideas, new projects and initiatives to CNRC!



# Message from the Executive Director cont.

I want to take this opportunity to give a heartfelt tribute to members of our Board and the community that we lost this year.

Sean Sousa was an outstanding member of our CNRC Board for over 4 years. His energy, passion, and love for the community will be missed. Sean was always willing to serve the community in every capacity he could. He juggled many things, from programming, mentoring, learning, teaching, sports, health, friends, and family. It was the culmination of all that he did that made him the amazing person that he was. Thank you, Sean, for sharing your time while you were here with us and may your family find peace knowing that your legacy lives on in our hearts and our memories. Our heartfelt condolences go out to his family.

John King was a dedicated and valued member of our community and the Elmwood Bear Clan Patrol. During the patrols, John would get stopped all the time by people in the community who would call him by name and want to chat with him. John was always seen volunteering at community events and would only miss them if he was called for grandparent duties.

He was a strong advocate and a force to be dealt with when there were concerns or issues involving the community. We lost a great man, with a great sense of humour, a treasure trove of stories and adventures (from the community of Elmwood and from being an extra on movies or tv shows). Thank you, John, for being a voice and a presence for the community, our heartfelt condolences to the family.

CNRC continues to be inspired by the community and its members, partners and residents and works diligently to ensure that we are meeting the needs of the community where they are at.

Thank you to the staff at Chalmers Neighbourhood Renewal Corporation, a dream team that takes an idea and makes it come to fruition. We have had some exciting events with more to come! Nothing seems impossible. Let us know your ideas, plans, and goals are for the community and let us help you make it happen!



*The Chalmers community is an exciting place to be, with great people inspiring one another to do great things!*

# Meet the Board of Directors



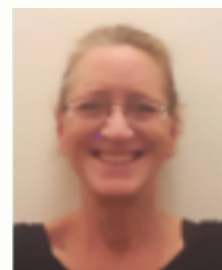
**Michel Durand-Wood**  
**Chair**



**Aaron McMahon**  
**Vice-Chair**



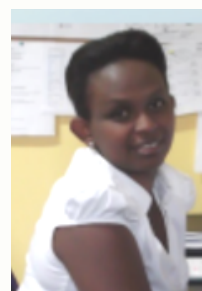
**Eliyana Angelova**  
**Treasurer**



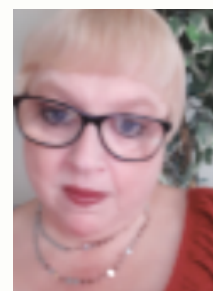
**Shelley Woods**  
**Secretary**



**Alex Strange**



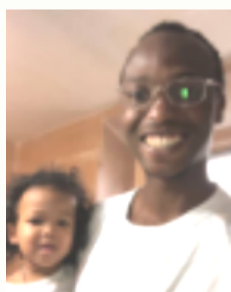
**Nina Condo**



**Janice Stuyck**



**Gabriel Flores**



**Chibuzor  
Samson Alumba**



**Shawna Johnston**



**Carissa  
Campbell-Pereira**

# 2022/23 Board Nominees



## John Stuyck

I have lived in East Kildonan all my life. I graduated from Miles MacDonnell Collegiate. I started work at Merchants Consolidated after high school and worked there for over 16 years until they closed. I then started to work at S.I.R. Robinson Outdoor Store for many years, then Cabela's and remained there until retirement after 26 years.

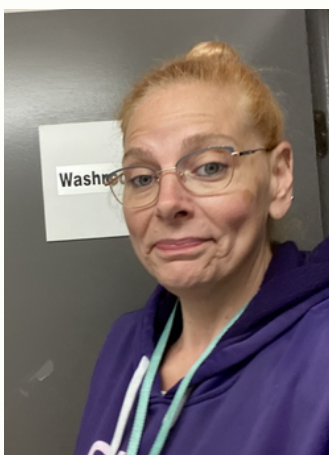
I have been volunteering for Happy Days on Henderson for 20 years and a volunteer for Beautify Elmwood for 16 years.



## Emma Durand-Wood

I've lived in Elmwood since 2008. I'm excited to be joining the CNRC Board. My family and I love being part of the Elmwood community: it's full of enthusiastic and passionate people who work every day to make this place safer, healthier, happier and greener!

Since 2016, I've been active with the Glenelm Neighbourhood Association and I also spend a lot of my free time advocating for urban trees and safer streets. My dream is for every person, regardless of age or ability, to be able to safely and comfortably access services, stores and recreational activities right here in Elmwood.



## Jennifer Hatfield

I am new to the Chalmers neighbourhood. Just moved here three months ago from Ontario where I was the fundraising coordinator for many great charities. I was in school for Social Service work then moved here to be with my boyfriend and started a job with Ndinawe. I have three grown children and two grandchildren in Ontario, and I am looking to join a community where I can help thrive and join to feel a part of the city. I miss raising money and planning events. I enjoy being a part of my community and helping people. I am also a recreation therapist. I am looking to meet new people and get to know more people here.



# 2022/23 Board Nominees



## **Susanne Williams**

I have been a homeowner in Elmwood for over thirty years; I raised three daughters to successful lives.

I applied for and managed United Way Funding for the three years the program ran. I organized a group of parents to fight city hall for the pedestrian corridor on Watt, just before Talbot & Watt, to keep the children safe while walking to RiverElm school. I organized some of our neighbours who fought the city to fix our road after years of damage by Almar trucks. As my children got older, I became busy with work. I have years of experience in the nonprofit sector, and I am excited about the new direction and want to be involved.



## **Jill Brody**

I've lived in the community for just over a year with my husband, and our two fur babies. I'm even newer to the Board.

I have group facilitator, counsellor, research, and communication skills, to name a few. I'm personable, and I like actions that lead to neighbourhood growth and well-being. I am excited as I look forward to serving our neighbours and neighbourhood.



## **Rosh Persaud**

Being born and raised here in Winnipeg, I love and have a soft spot for our city. Working in the real estate industry full time is one of the ways I get to showcase my love for the city by connecting and helping people reach their goals of buying & selling homes here in Winnipeg. I've been involved in the community over the years throughout various volunteer opportunities such as being a Youth Coordinator for youth girls, where we promote positive relationships with other youth, as well as working with local food rescue charities to pickup/deliver meals for those in need across the city and by delivering clothes and food hampers!

# AGENDA

Date: Saturday, September 24, 2022

Time frame: 12:00pm to 2:00pm

Location: Elmwood East Kildonan Active Living Centre  
180 Poplar

12:10 pm

## **WELCOME**

Hosted by CNRC Chairperson, Michel Durand-Wood  
Executive Director - Leilani Esteban Villarba

12:15 pm

## **Annual General Meeting Aspects and Tributes**

General Business: Led by CNRC Chair, Michel Durand-Wood

- ~ Introduction and Process
- ~ Appoint minute taker 2022
  - ~ Adopt 2022 Agenda
  - ~ Adopt 2021 Minutes
- ~ Review of Audited Statements - Ken Haworth
  - ~ Approval of Financial Statement
  - ~ Appointment of Auditor for 2023
    - ~ CNRC By-Laws
- ~ Nominating Committee - Leilani Villarba-Esteban, Nina Condo
  - ~ Motion to adjourn

1:00 pm

## **LUNCH**

1:15 pm

## **Update to the Community and Commemoration Celebration**

- ~ Thank you to Volunteers
- ~ Neighbourhood Plan and Updates  
Leilani Esteban Villarba  
CNRC TEAM
- ~ Celebrate years of service for Michel Durand Wood, and Eliyana Angelova
  - ~ Commemoration for Sean Sousa and John King

1:50

## **Appreciation, Community Prize Draws, Networking**



# MINUTES

## Chalmers Neighbourhood Renewal Corporation Annual General Meeting Thursday, September 22, 2021

**In attendance in person:** Michel Durand-Wood, Leilani Esteban Villarba, Aaron McMahon, Nina Condo, Eliyana Angelova, Janice Stuyck, Shelley Woods (recorder), Shawna Johnston, Carissa Campbell, Geeta, Arnie, Nelson, Arlene, Jacquie, Charity, Liz, Louise

**In attendance via Zoom:** 21 online registrants

**5:30 p.m.**

Arrival and Registration

**6:15 p.m.**

### **Opening Greeting and Treaty Acknowledgement**

- ~ Hosted by CNRC Chairperson Michel Durand-Wood and Executive Director, Leilani Esteban-Villarba
- ~ Leilani delivered opening greeting, introduced Michel as Chair, and introduced elected official Arlene Reid, WSD school trustee
- ~ Michel delivered Treaty Acknowledgement

***We acknowledge that we are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene Peoples, and on the homeland of the Métis Nation. We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.***

### **Annual General Meeting Aspects**

- ~ Meeting called to order at 6:18 pm. Michel identified the basics of business meeting process, including following Robert's Rules of Order and process.
- ~ Minute taker 2021. Motion to appoint Shelley Woods as minute taker by Aaron, 2nd by Nelson. All in favour. Carried.

# MINUTES cont.

- ~ Agenda. Review and adopt agenda: Motioned by Nelson, 2nd by Eliyana. All in favour. Carried.
- ~ Minutes. Review and adopt 2020 Minutes: Motioned by Charity, 2nd by Arnie. All in favour. Carried.
- ~ Review of Audited Statements - Ken Haworth, Haworth & Co.: Michel introduced Ken Haworth, who presented audited statements.
- ~ Financial Statements: Ken Haworth reviewed 2020-21 financial statements for the year ending March 31, 2021. Motion to adopt as presented by Eliyana, 2nd by Artie. All in favour. Carried.
- ~ Appointment of Auditor for 2022. Following Ken Haworth's departure from AGM, motion to appoint Haworth & Co. as 2022 auditor by Arnie, 2nd by Nelson. All in favour. Carried. Leilani to advise Haworth & Co. after the meeting
  - ~ CNRC By-Laws. No changes proposed at this time.
  - ~ Nominating Committee — Aaron, Nina and Leilani
    - ~ Aaron thanked all Board members who moved on: Angela Hildebrand
    - ~ Aaron confirmed the 2021-2022 Board of Directors elected at the last AGM: Nina Condo, Eliyana Angelova, Alex Strange, Michel Durand-Wood, Sean Sousa, Aaron McMahon, Gabriel Flores, Steven Weger, Janice Stuyck, Shelley Woods, Chibuzor Alumba,
- ~ Motion to accept Shawna Johnston and Carissa Campbell (individuals who were recommended as new Board members by the Nominating Committee) by Donna, 2nd by Nelson. All in favour. Carried.
- ~ Aaron asked three times if there are any nominees from the floor. None identified. ~Aaron welcomed the new Board members.
- ~ Michel thanked Aaron and resumed hosting. End of business portion.
  - ~ Motion to adjourn 6:40 p.m. by Charity, 2nd by Arlene. All in favour. Carried.

## Closing

- ~ Liz presented an Update to the Community. See CNRC website.
- ~ Leilani thanked the partners, funders, community, all staff, and Board members.
- ~ Draw for Housing Survey, \$100 for businesses in community — Catherine.
- ~ Draw for We are One Yard Signs, \$50 for businesses in the community — Arlene, Shauna, Wilma, Donna Mae, Ryan, Sandra, Riley, Shelley.
- ~ Eliyana acknowledged and thanked Leilani for all her hard work and dedication to CNRC.

# We did it!

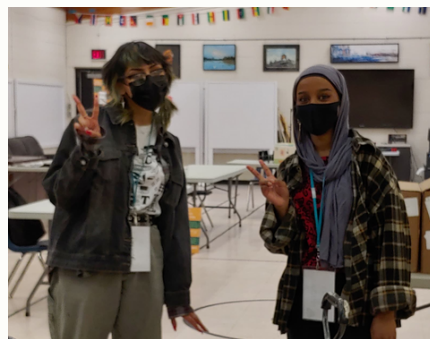
## Action Plan & Housing Support for 2021-2022

Liz Plett, Housing Support/ Action Plan Coordinator

### Housing Support

- ✓ Supported 79 renters, 20 homeowners and 8 landlords in Chalmers with advocacy, completing forms, bedbug supplies, referrals to resources, free cellphones, free income tax returns, free meals, information sessions, RentSmart courses and more!
- ✓ **Beyond-repair Garage Demolitions** grants of \$1,200 each for 5 homeowners. Program completed in 2021.
- ✓ **RentSmart Basics** sessions saw 30 participants learning how to avoid eviction and receiving Letter of Completion to use as reference letters!
- ✓ **8 DIY Home Repair workshops** for 108 participants and \$900 in gift cards for door prizes.
- ✓ **Bulky Waste Drop-Offs** saw 6.5 tonnes of bulky waste removed free of charge for 58 Chalmers households.
- ✓ **Graffiti referral, grass-cutting and litter pickup** performed on a weekly basis in summer of 2021.

Plan for 2022-23: Continue supporting community members with basic needs, deliver Urgent / Emergency Home Repair Grants for homeowners and landlords.





## Improving Safety

- ✓ **Conducted an Exterior Housing Audit (2800 homes), Business Audit (81 small businesses) and 320 Safety Surveys** for all of Chalmers to determine need for safety improvements and home repairs!
- ✓ **Worked hard to prevent discrimination** by commemorating children harmed in residential schools in Canada, distributing *We Are One* lawn signs, and hiring staff to research and make recommendations for Truth and Reconciliation and Cultural Competency in all of our programs and more.
- ✓ **Bear Clan Elmwood Patrol walked** 77 times with 399 volunteers for over 500 kms. Disposed of 2400 needles, 50 potential weapons, 95 cracked pipes and 30 pill bottles.
- ✓ **Warming Centre and Vaccine Clinics** provided for the neighbourhood

Plan for 2022-23: Hire a new Patrol Coordinator and recruit volunteers for *Elmwood Safety Patrol*, continue to incorporate Truth & Reconciliation Calls to Action, deliver *Safer Cleaner Chalmers* information sessions.



### Pop-up COVID-19 Vaccination Clinic

180 Poplar Avenue Winnipeg, MB  
Tuesday, March 1  
1:00 pm-6:30 pm



Are you or anyone you know at risk due to the cold weather during the winter months? If so, please come by 180 Poplar. If possible, **please call (204) 669-0750** before coming to ensure we are not at our capacity limits.



Free soup & coffee! 



Akina awiiya gii bezhigo'bimacaadiziwin	Boozhoo!   Tungasugit!
Tayo ay iisa Isang kapitbahayan na kasama ang lahat	Mabuhay!
كلنا واحد نحن مجتمع بضم الكل	أهلاً بك!
Nós somos um Um bairro que inclui todos	Bem-vindo!
Nous sommes une communauté inclusive	Bienvenue!



**We Are One**  
A NEIGHBOURHOOD  
THAT INCLUDES ALL




Chalmers  
Neighbourhood  
Renewal CORPORATION

## 2021 Audit & Survey Report

## Free Events

- ✓ **8 Munroe Farmers Markets** at Holy Eucharist Parish Centre with 10-12 vendors per market and up to 400 attendees per market.
- ✓ **Reimagine Elmwood Coordinator hired.** Operated Watt Street Parklet with live music and collected 300 surveys on street safety.

Plan for 2022-23: Organize Elmwood Night Markets, Farmers Markets, Happy Days on Henderson, Elmwood Winter Fun Day, Reimagine Elmwood events, and utilize 243 Henderson Highway as a welcoming public space.



## Affordable Housing

- ✓ **Chalmers Homebuyer Assistance program assisted 5 families** with Home Readiness information sessions and \$14,000 down payments on 5 Chalmers homes.
- ✓ **Efficiency Manitoba energy savings advocate hired!**

Plan for 2022-23: Provide more RentSmart courses for renters, recruit homebuyers to purchase a home in Chalmers with down payment assistance, continue offering pre-qualified energy savings to Chalmers residents

## Getting Around

- ✓ **Taxi rides and bus tickets** to get to medical appointments, banking, grocery shopping and other essential destinations were provided to 34 Chalmers residents.

Plan for 2022-23: Utilize new taxi company to provide taxi vouchers.

## Knowing What's Up

- ✓ **Informed Chalmers/Elmwood residents with monthly ChalmersNews! newsletter** to 1,300 recipients each month. Hired a Communications and Outreach Coordinator.

Plan for 2022-23: Add 500 more recipients to our mailing list!



# Better Access to Groceries

## Jacquie Pontedeira, BAG Coordinator and Facility Manager

The Better Access to Groceries (BAG) program is now in its 7th year. The program was developed from the need in the area for fresh produce for families. We currently accept membership from the Chalmers/Elmwood/Glenelm areas.

Due to Covid, the program took place out of 180 Poplar for the month of April, then we resumed regular programming out of Chalmers Community Centre.

We are grateful for the support of our many partners: Chalmers Community Centre; Sobeys Cash & Carry; Community Venture; MB Housing - 53 Stadacona; Legion Gardens - 675 Talbot; Columbus House; Kildonan Horizons; Holy Eucharist Church; KMTS Thrift Store; Riverwood Church Community; Daniel Blaikie MP; Healthy Together Now; EEKALC; ECRC.

The BAG Program would not exist without the support of our amazing volunteers, who show up through heat, rain, snowstorm, frigid temps, and pandemics!



# Better Access to Groceries cont.

Number of \$10 BAG orders:	5,603 (value of \$56,030)
Average number of orders:	224
Number of \$10 BAG non pick ups:	207 (-\$2,070) (3.7% loss)
Number of \$5 BAG orders:	598 (value of \$2,990)
Number of \$5 BAG non pick ups:	7 (-\$35) (1.17% loss)
Total BAG pick up days:	25
Total cost of delivery:	-\$1,140
Number of BAG members:	259
Number of new memberships:	19
Total Value of Next Day Sales:	\$2,068
Volunteers:	19 (256 hours)
Donations to program:	\$4000 received from Access Credit Union \$100 received from past member

Some members have graciously overpaid, so that others who cannot afford may also benefit from the program. The BAG program has become more than just getting fresh produce bi-weekly; it has become a community building group that helps with delivery, recipe exchange, and neighbourly advice.



# Tots in Elmwood

## Arlene Reid, Early Years Coordinator

The Together in Elmwood Parent Child Coalition, now referred to as Chalmers Neighbourhood Renewal Early Years Programming is an important part of programming available to parents and families in Elmwood and beyond. It provides children aged 0-6. The Coalition has had many partners including, Elmwood East Kildonan Active Living Center, Elmwood Community Resource Centre, Manitoba Metis Federation, Ma Wawi Wi Ci Itata, Winnipeg Regional Health Authority, Winnipeg School Division, City of Winnipeg, and The Chalmers Neighbourhood Renewal Corporation. Each organization supported the coalition with valuable resources and promotional support. The East Kildonan Active Centre has supported us by giving us a stable place to use for our Drop-In program as well as most of our other events and activities. The Chalmers Neighbourhood Renewal Corporation as well as the Winnipeg Regional Health Authority have provided our program with Granting opportunities to help enhance some of the programming that has been offered.

Due to Public Health restrictions, the in person Drop-in program was put on hold indoors until September 2021. From April until July, we offered outdoor programming as well as virtual options for our families. We would deliver crafts and activities to our families in addition to reading stories and posting the videos on social media. For the first few weeks in April, we were able to offer Outdoor programming at a variety of parks in the Elmwood area- however Public Health restrictions were changed mid-April and forced us to put all in person programming on hold. By the time July rolled around, outdoor restrictions were lifted enough for us to be able to restart our Tuesday and Thursday morning Drop-in, which we held behind 180 Poplar on the school field. To offer more options for our families we added a few Saturdays and a Wednesday evening program. In September indoor capacity limits changed once again and programming resumed. We offered programming every Tuesday and Thursday morning from 9:15-11:30 as well as two Saturdays a month.





# Community Kitchen

Thanks to a grant from Healthy Together Now, In June we offered a Community Kitchen to all residents of Elmwood/East Kildonan. We chose to highlight a variety of breakfasts from around the globe. We chose meals from the Philippines, France, Costa Rica, Mexico, East Africa, and Canada. Participants picked up a package of ingredients from the center and were then supplied the recipe and a zoom link. On cooking day participants joined me via Zoom and we cooked all the meal together or participants watched and cooked after. For this program we partnered with the Elmwood East Kildonan Active Living Centre who offered their kitchen for us to be able cook these meals. We chose to offer this program as families are always looking for new ideas to add to their meal planning process, and as Chalmers Neighbourhood Renewal Corporation was also celebrating the diversity of the community, we chose to highlight foods from other countries. The target population of this community was families of any shape or size. We planned to offer this to 10 families, so we first looked to the TIE community for participants, and then to the community of Elmwood to fill all our spots. Many families have commented on how it was so inspiring to see what other cultures had for breakfast, many including myself still make some of these dishes on a regular basis. This was a great program. The meals we made were Quiche Lorraine from France, Mandazi from East Africa, Gallo Pinto from Costa Rica, Huevos Rancheros from Mexico, Tortang Giniling from the Philippines, and from Canada we did a big “trucker” breakfast-pancakes from scratch, homemade hashbrowns, bacon, sausages and we showed how to cook 9 different types of eggs.

Since our Community Kitchens were so popular and families were asking for more, we offered 5 more sessions in the Spring of 2022. We had the opportunity to offer these as in person or as virtual session. All participants joined us virtually. For this round we did simple “Kid friendly” dishes, Lasagne cupcakes, Mexican Turkey Roll Ups, Pizza Pasta Casserole, Baked Potato Soup as well as Bacon Cheeseburger Pasta. We were able to offer this to a total of 14 families, who once again are asking for more. We are hoping to resume in Fall 2022 with more sessions.



[www.youtube.com/ChalmersRenewal](http://www.youtube.com/ChalmersRenewal)

# Chalmers News and Social Media Engagement

## Louise Mangali, Communications/Outreach Coordinator

*Chalmers News* informs 1,300 recipients about free programs and events in Chalmers and the broader community of Elmwood every month. *Chalmers News* is available to community members through hand mail and online newsletters.

CNRC's programs and services are mainly posted in Facebook through local community Facebook groups and by our partnered organizations. In the last year, CNRC's Facebook page reached 29,260 people and increased page visitors by 130.9%. Other platforms that we use to inform community members are Instagram, NextDoor, and Canada Post Precision Targeter and putting up posters in the local businesses in Elmwood.

Moving forward, we hope to continue to raise awareness of programs and service opportunities for community members living in our neighbourhood. By actively engaging with our community members, we can create strategies, designs, and implement programs that are from the ideas and goals of the Chalmers community. It is through the community members' lived experiences that help us and our partners understand how we can better provide services.

Social media users are larger than ever, and we are hopeful that through CNRC's efforts with newsletters and social media engagement, we can share opportunities with our neighbours in need!

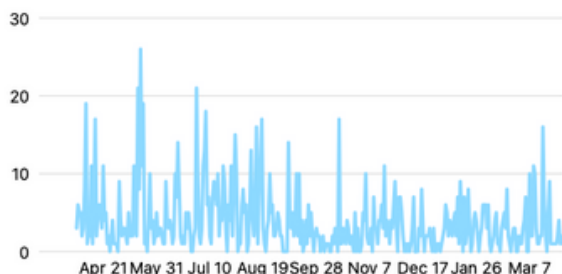


### Page and profile visits

Facebook Page visits ⓘ

1,418

130.9%

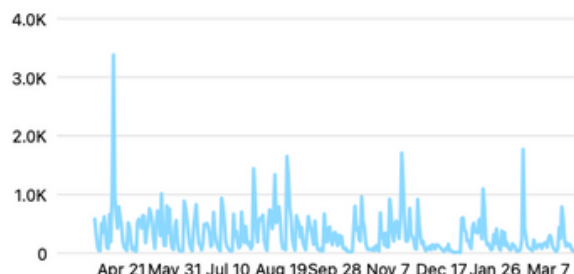


### Reach

Facebook Page reach ⓘ

29,260

8.4%





# Learn About Technology

## Kelechi Abara, Health Ambassador and Relations Officer

The “Learn about Technology” program has contributed to our community in a number of ways, from simple connections with loved ones, all the way to online banking. The “Learn about Technology” program aims to (but is not limited to) improving communication, increasing knowledge of technological devices and helping individuals adapt to our fast and technology-driven world.

This program is offered everyday between the hours of 9am until 3pm, by appointment or drop-ins. We have helped 30+ individuals since the start of 2022.

This program is individualized to participants needs and strives to work around challenges that come by every individual. Worksheets are provided. Booklets with more detail are given depending on the complexity of the questions and on a need basis. Additional materials are given based upon request. Lastly, this program is also available virtually and through the phone if clients have mobility issues or are not able to meet for an in-person appointment.

This program fits the Chalmers Five-Year Plan as it increases access to recreation and wellness opportunities. Through this program, CNRC is developing accessible resources and services for community members of vulnerable populations.

Last fiscal year the major issue for the program was the need for additional help. This year someone has been hired which has helped tremendously. With the COVID-19 situation getting better, our programs are coming back fully. As great as this is, this comes with some issues for our Learning with Technology appointments. The environment can be distracting and noisy with most rooms being booked. The current solution to this issue is to only accept clients during quieter times between 9am-10am and after 3pm. Unfortunately, this limits the time we are able to help our clients.

In order to improve this program and continue helping those in need, there needs to be a dedicated time and space for us to execute the program in.



# Energy Efficiency

## Charity Strange - Energy Efficiency Coordinator

In November of 2021, we started a new partnership with Efficiency Manitoba. Since then, we have been canvassing the Chalmers neighbourhood to let them know they are pre-approved for the Energy Efficiency Assistance Program. With this program, our goal is to make homes more energy efficient in Chalmers by offering free insulation upgrades, and heavily subsidized heating system upgrades. This helps the neighbourhood by improving the homes and the residents' lives by lowering their bills and making their homes more comfortable.

The need for this program was determined based on the success of this program running in the North End, which is a very similar neighborhood as Chalmers. Both Chalmers and the North End have older homes and fixed income residents. By partnering with Efficiency Manitoba we can promote the program and help our residents access home energy savings.

From November to March, we pre-qualified **189 homes** and helped **18 homes** apply for the EEAP. We saw a response rate of 10% on our end, though more homes may be applying on their own without reaching out to us. We also hosted a few workshops in the winter to inform the community about this initiative, and we were able to help several homes connect with the program.

### Going Forward:

As we continue throughout the year, we are canvassing two blocks a week, and are anticipating reaching over a thousand homes by the end of summer, and many more throughout the year. With a current average response rate of 18% of homes taking applications, we will be assisting hundreds of homes with insulation upgrades, heating system upgrades, and savings on their hydro bills.



# Small Grants Fund 2021/22 Recipients

## Elmwood Pulse Project (Elmwood Community High School)

The Elmwood Pulse Project provided an opportunity for students at Elmwood High School to participate in an after-school cooking program. Students in this program prepared various meals and stored them in order to consume as their lunch the following day. The purpose for this program is for students to have the opportunity to build community through meal preparation and consumption of healthy balanced meals. While the students engaged in meal preparation, staff volunteers prepared a balanced dinner for all participants to gather at a table setting and enjoy a meal together as a community.

## Manitoba Alliance of Parents and Caregivers

Breakfast with Santa is tailored to but not limited to children with special needs who require a patient and judgment-free environment to visit with Santa. This project allowed families with special needs meet others with the same concerns and needs to gather and connect with one another. The purpose of this project is to promote inclusivity amongst parents with special needs children that need a community of their peers to seek support and guidance from one another.



## Columbus House

The Columbus House provided 20 weekly sessions of chair yoga to seniors aged 55 and older. The importance of this program is to encourage seniors to be part of a community especially during times of isolation from family due to Covid-19 restrictions. The purpose of organizing weekly chair yoga sessions is to improve the mental health of isolated seniors as well as to reduce stress in times of uncertainty. This project ensured inclusivity amongst all seniors regardless of age and skills.



# Small Grants Fund 2021/22 Recipients

## Together in Elmwood Parent Child Coalition

All families with children aged 0-6 were able to join CNRC's Early Years for holiday celebrations, Pumpkin Decorating, Gingerbread House Decorating, Winter Sleigh Ride. These projects provided families an opportunity to partake in a variety of activities that would allow parents to connect with other parents and create some lasting memories.



## Elmwood Business Coalition

The Elmwood Business Coalition hired a social media consultant to improve the social media presence for the businesses in Chalmers and broader community of Elmwood. The contract staff raised awareness in many ways that benefited and impacted the start-up for Elmwood BIZ in Elmwood. The consultant hired by Elmwood Business Coalition implemented projects for the Elmwood residents such as the Spring Scavenger Hunt in order to promote and support local businesses in the area.



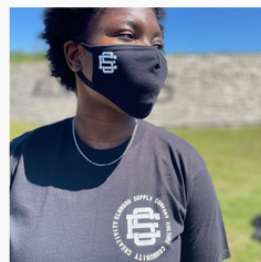
## Winnipeg Re/Act Inc. (Riverwood Church)

Winnipeg Re/Act Inc.'s goal is to provide family and individuals an opportunity to process the complex trauma that led to addiction and learn healthy coping skills. Winnipeg Re/Act Inc.'s project improved mental awareness of students in Chalmers community and helped them gain new perspectives. This reduced the risk to re-offend from addictions and allowed them to build healthy relationships with others in a group setting.

# Small Grants Fund 2021/22 Recipients cont.

## Elmwood Supply Company

The Elmwood Supply company organized a “Special Run Launch Day Event” which showcased their merchandise, a revamped physical space, and a community-focused limited run release similar to the La Salle Hotel, Louise Bridge, and Roxy Lane apparel. This event provided an opportunity for students of Elmwood High School to gain experiences to work with other students in the building that they would have never crossed paths with, resulting in building community and relationships within the school. Also, neighbours in the Elmwood community were invited to the workspace where connections among different cultures, ages, and perspectives are shared to support the community.



## Elmwood Community Resource Centre Inc.

The Elmwood Community Resource Centre's (ECRC) Lit Winter Break provided youth with physical literacy activities, social-emotional learning opportunities and mental wellness support between the months of December 2021 and March 2022. Professional trainers from Sports Manitoba provided workshops and training on ways youth can maintain an active and healthy lifestyle. The youth participated in physical activities in the first half of the session and then discussed nutrients and diet in the second half of the session.





# Small Grants Fund 2021/22 Recipients cont.

## Elmwood East Kildonan Active Living Centre (EEKALC)

The Elmwood East Kildonan Active Living Centre (EEKALC) offers a wide set of services for those in need. The funding allowed EEKALC to purchase supplies and equipment for the community to use e.g., washer, dryer, frying pans, commercial stock pots, cutting boards, baking sheets, baking pans, rolling pins, stand mixer, blender, immersion blender and sets of pots and pans. This project allows the whole community, its partners, and members to use the supplies, as well as providing the community a place to wash and dry clothes when they do not have access to a laundromat. The cooking supplies are used for preparation of lunches, frozen meals, programs, services, and community events.



## Gaita Dance Company (Colombian Alliance in Manitoba Inc.)

The Gaita Dance Company provides opportunities for children and teenagers to gain self-confidence and build positive relationships by promoting Colombian and Latin American culture through traditional dances and learning the Spanish language. The students met every second Friday to connect and socialize. This program provided opportunities for newcomers for recreation, learning, and active participation.

## Bike Winnipeg Inc.

Bike Winnipeg formed a bicycle audit by engaging with passing cyclists about their cycling experiences in the Elmwood Neighbourhood in support for future activities planned for Reimagine Elmwood. Through the Cycling Audit Report, Bike Winnipeg can advocate for better cycling infrastructure for the local cyclists in Chalmers/Elmwood neighbourhood.



# Thank you to our staff, board members, volunteers, friends and community partners!



Elmwood - East Kildonan Active Living Center



With the valued support of Councillor Jason Schreyer



WINNIPEG SCHOOL DIVISION



## Get in touch!

Address: 180 Poplar Avenue Winnipeg, MB R2L 2C3

Phone: (204) 669-0750

Email: [info@chalmersrenewal.org](mailto:info@chalmersrenewal.org)



Chalmers Neighbourhood Renewal



@chalmersrenewal



Chalmers Renewal



[www.chalmersrenewal.org](http://www.chalmersrenewal.org)



Elmwood East Kildonan Active Living Centre, Elmwood Community Resource Centre, Riverwood Church, Glenelmu Neighbourhood Association, MaMawi Chi Itata, Community Ventures, City of Winnipeg, Winnipeg School Division 1, Winnipeg Regional Health Authority, Chalmers Community Centre, Elmwood Business Coalition, Beautify Elmwood, Inner City Youth Studies, ReImagine Elmwood, Manitoba Housing, Government of Canada, Assiniboine Credit Union, River East Neighbourhood Network, BIKE Winnipeg, Urban Systems, and the valued support of our local City Councillor, Member of Parliament and MLA's