

**Important Phone Numbers**

EIA Afterhours (204) 945-0183

Canadian Red Cross 1(888) 800-6493

**Identification Replacement:****Citizens' Bridge**, 607 Selkirk Avenue (204) 691-1796Indigenous Services Canada, **Treaty/Status Cards**, Manitoba Regional Office 1(833) 983-5910**Manitoba Health Cards** 300-355 Portage Avenue, (204) 786-7101 Email: insuredben@gov.mb.ca**Manitoba Métis Federation** (204) 586-8474**MPI Identification card** (204) 985-7000**SEED Wpg**, 80 Salter St, (204) 927-9935**Housing Support/Subsidized housing****Dakota Ojibway Tribal Council Housing Authority**, 100–11 Arden Ave., 204-988-5377**Daniel McIntyre/St Matthews Community Association Inc.**, (DMSMCA) 823 Ellice Ave, (204) 774-7005**Friends Housing Complex**, 890 Sturgeon Rd, Ste. 100, 204-953-1160**Centre Sara Riel** Housing Assistance, 66 Moore Ave, Ste. 101, 204-237-9263**IRCOM Housing** (Immigrants & Newcomers), 215 Isabel St, (204) 943-8765**Kanata Housing Corporation**, 202-2055 McPhillips Street, (204) 338-6261 or (204) 338-6327**KeKiNan Center** (Older Adults), 100 Robinson Street, (204) 582-0439**Kinew Housing Inc.**, 394 McGregor Street, (204) 956-5093**Main Street Project**, 75 Martha St, 204-982-8245**Manitoba Housing**, 2nd floor-352 Donald Street, (204) 945-4663**Murdoch Management**, 757 Henderson Highway, 204-982-2000**Nehemiah Housing** managed by Five Stones Inc., 528 Sargent Ave., (204) 952-2858**New Journey Housing** (Newcomers), 305 Broadway, (204) 942-2238**North End Community Renewal Corp** (NECRC), 509 Selkirk Ave., 204-927-2330- [www.winnipegrentnet.ca](http://www.winnipegrentnet.ca) includes most recent rental listings in Winnipeg**North End Housing Project Inc.**, 410 McGregor St, 204-415-6916**SAM management**, 425 Elgin Street, (204) 942-0991**Seniors Housing at Carriage House North** (55+), 535 Leila Ave, (204) 338-9323**Spence Neighborhood Association** (SNA)—Homelessness Outreach Worker - 615 Ellice Avenue, (204) 783-5000 [housing@spenceneighbourhood.org](mailto:housing@spenceneighbourhood.org)**Urban Native Non-Profit Housing Program**; 352 Donald Street, Ste. 600, (204) 945-4661**West Central Women's Resource Centre**, 640 Ellice Ave, 204-774-8975**Willow Centre**, 61 Tyndall Ave, 204-632-5940**Winnipeg Housing Rehabilitation Corporation**, 60 Frances St, (204) 949-2880**Emergency Food banks/low cost groceries:****Agape Table**, 364 Furby Street, (204) 783-6369**Bear Clan Patrol Inc.** A-598 Selkirk Avenue, (204)-513-0806**Emergency Food Pantry at 1 Just City**, 365 McGee St, 204-995-2944, provides emergency food kits on a limited basis**Emergency Food Program at Family Life Centre**, 240 Pritchard Ave, 204-586-7790**Food Cupboard at Windsor Park United Church**, 1062 Autumnwood Dr., 204-256-8792**Free Meals Every Day in Winnipeg:**<https://doorwayswinnipeg.ca/resources/community-supportservices/>**Ma Mawi Wi Chi Itata Centre**, 445 King Street, 204-925-0352**Manitoba Metis Federation**, 150 Henry Ave. 65 & under: Call 204-589-4327; 65 & over: Call 204-586-8474 (ext. 371)**NorWest Coop** Community Food Centre, 103-61 Tyndall Ave, (204) 615-3117**Our Place / Chez Nous Drop-In Center**, 676 Main St, 204-956-1359

**Riverwood Church Food Bank**, 274 Talbot Ave, (204) 982-3660, Wednesday 7-8:30 pm; Thursday 12-2 pm

**St. Matthews - Maryland - Community Ministry**, 641 St. Matthews Street, (204) 774 3957

**Winnipeg Harvest**, 1085 Winnipeg Avenue, (204) 982-3660

### Emergency clothing/furniture

**Adventist Community Services**, 95 Stadacona Ave., 204-663-2278 Open Mon. 1pm-4pm and Tues.-Fri. 9:30am-12pm  
Canadian Goodwill Industries, 70 Princess St., 204-943-6435

**Centre Flavie-Laurent Inc.** 450 Provencher Boulevard, (204) 231-9513

**Clothing Depot** at The Elizabeth Fry Society of Manitoba, 544 Selkirk Ave, 204-589-7335

**Community Clothesline** at Manitoba Regional Leadership Centre, 1 Wesley Ave Ste. 401, 204-949-9163

**Siloam Mission**, 300 Princess Street (204) 956-4344

**Fort Garry Women's Res. Centre**, 1150- A Waverly Street (204) 477-1123

**Hands of Hope Inc.** 429 Dufferin Ave, (204) 261-8607

**NEWC, Up Shoppe**, 382 Selkirk Avenue, (204) 582-3494

**North End Women's Centre**, 394 Selkirk Avenue, (204) 589-7347  
**North Point Douglas Woman's Centre**, 221 Austin Street (204) 947-0321

**Resource Assistance for Youth (RAY)**, 125 Sherbrook St., 204-783-5617 For youth age 29 and under, open Mon.-Fri. 1pm-3pm

**Salvation Army – Weetamah Centre**, 324 Logan Avenue, (204) 946-9490. (for clothing voucher)

**Sscope**, 865 Main Street, (204) 987-6300, Monday- Sunday, open 24/7- includes free laundry

**Thrive Thrift Shop** (inside Thrive Resource Centre), 555 Spence Street, (204) 783-9281, 10am-4pm Monday to Saturday

**Winnipeg MCC Furniture Thrift Store**, 18 Keewatin St, 204-694-3669

**Winnipeg Missionaries of Charity**, 167 Aikins St, 204-582-2773, Clothing for women and children

**Wolseley Family Place**, 691 Wolseley Ave, (204) 788-8052, 9:30-11:30 am; 1:30-3:30 pm Monday-Friday

### Free Laundry

**Andrews Street Family Place**, (204)589-1721, 220 Andrews St, Laundry available to community members: on/Tues/Thurs. 9am-3pm; Wed 1pm-3pm, must bring own soap, limited to 2 loads.

**Crossways in Common**, (204)774-2773, 222 Furby St, Available: Mon/Wed/Thurs/Fri 1pm or 3pm -must sign up in advance.

**Ma Mawi Wi Chi Itata Centre**, (204) 925-6816, 363 McGregor St, Mon-Fri 8:30am-6:30pm; Sat. 8:30am-3pm

**North Point Douglas Women's Centre**, (204)947-0321, 221 Austin St, Drop-in: Mon/Tues/Wed/Fri 9am-5pm, Sat. 1pm-5pm

**Resource Assistance for Youth**, (204)783-5617, 125 Sherbrook St. For youth age 29 and under, must be pre-booked (usually 1 week in advance), Laundry soap provided

**Sunshine House**, (204) 783-8565, 646 Logan Ave, for 2SLGBTQIA+ community, Mon-Wed 2pm-4pm, call ahead to confirm.

**West Central Women's Resource Centre**, (204) 774-8975, 640 Ellice Ave. Available to women-identified people and newcomer men in the WCWRC. Sign-up ahead of time

**Wolseley Family Place**, 204-788-8052, 691 Wolseley Ave (lower level). Laundry available for people living with children who are listed on their Manitoba Health Card: M/Tue/Thurs/Fri, 9am-2:30pm; Wed 12pm-2:30pm

### Crisis Support

**Crisis Response Centre**, (204) 940-1781, 817 Bannatyne Ave, Services available 24/7

**Kids Help Phone** (For children and teens)  
1-800-668-6868, Text: CONNECT to 686868, Services available 24/7

**Klinic 24/7 Crisis Line:** (204) 772-7998 or 1-888-322-3019

**Manitoba Keewatinowi Okimakanak Mobile Crisis Response Team**, 275 Portage Ave Ste. 1601, 1-844-927-5433 (1-844-927-LIFE)

**Manitoba Suicide Prevention & Support Line** 1-877-435-7170, Services available 24/7

**Peer Support Phone Line: Seneca Warm Line**, 204-942-9276 (available 7:00pm - 11:00pm daily)

**Youth Crisis Line / Youth Mobile Crisis Teams** (For youth under age 21 and their families), 204-949-4777 or 1-888-383-2776 Services available 24/7

*Disclaimer: this is not a complete list, there are many other great services however this list was compiled to include immediate needs in loss of items from a fire.*