

CHALMERS NEWS

Your Neighbourhood | Fun Facts | Ways to get involved

Upcoming Events in the Neighbourhood

ECRC's Breakfast with Santa:

December 5th, 2015
10am-12pm
267 Riverton Ave.
FREE event. RSVP to
204-982-1720

Elmwood-East Kildonan Active Living Centre's Christmas Dinner:

December 5th, 2015
1pm
180 Poplar Ave.
Tickets: \$15 (Registration Cut-
off: November 27, 2015)

TIE's Santa Event: December 10th, 2015

10am-12pm
180 Poplar Ave.
FREE event. RSVP to
Ramona at TIE Tykes.

ADVERTISE EVENTS HERE!

Contact: 204-669-0750
chalmersrenewal@mymts.net

Fruits & Vegetables Galore!



The Better Access to Groceries Program celebrates their one year anniversary this November and there won't be a cake because they are very focused on fruits and vegetables. The program coordinators plan to purchase a special fruit for everyone in the program. Actually, each member contributes \$10.00 for each BAG they order and the coordinators go to Sobeys Cash and Carry to buy a nice variety of fruits and vegetables to divide among the members! The BAG program members and coordinators in the Chalmers Neighbourhood are extremely happy with how successful the simple concept of bulk buying has been for the community. Last November they started out with 12 BAG orders and now there are over 300! For many, this year's highlight was when everyone got BC Cherries in their bag. The grapes, bananas, and superfood salad bags are always a hit!

More information about the BAG Program:

How much does BAG cost? \$10 – Produce BAG Fruits & Vegetables. \$3-\$10 Recipe BAGs – non-perishable meals.

How many BAGs may I order? One or two.

How do I order? Send your name, address, number & order quantity to elmwoodbag@gmail.com or phone **204-669-0750**.

When and where do I pick-up? Pick-up is every 1st and 3rd Tuesday of the month at 2:30 pm-6:30 pm at Chalmers Community Centre, 480 Chalmers Ave. At pick-up members bring cash to pay for their order and reusable shopping bag(s).

P.S. The BAG program is always looking for volunteers!



MCC Kildonan Thrift Shop Farmers Market 2nd Season

The Kildonan MCC Thrift Shop, located in the Chalmers Neighbourhood Area on the corner of Watt and Chalmers, hosted bi-weekly Farmers Markets on their grounds this summer and fall. They were a wonderful success, with not only local produce, honey, baking, refreshments, canning and crafts, but also musical entertainment by live performers and tables full of FREE books, toys and decor for everyone to enjoy.

Keep your eyes peeled for spring Farmers Market, which will probably take place indoors again next year, at the Chalmers Community Centre!

What was your favourite farmers market find? Ours was the juicy cantaloupe, watermelon, kale, cinnamon maple twists, lemon honey, knitted kitchen cloths, and the delicate teacup bird feeders! Send us your list of favs to be printed in our next edition!



Beautiful Mural at Bikes & Beyond

Take a look at the NEW bike-themed mural painted on the south side of the building at Bikes and Beyond on 233 Henderson Hwy. and keep posted on exciting up coming developments!

Programs and Resources

Looking for programming in the area? Examples:

TIE Tykes-480 Chalmers & 180 Poplar -204-6690750

FREE Drop-in & Programs: 0-6 year-old & caregivers


ECRC - 545 Watt Street - 204-982-1720 -

Youth, Parents, Newcomers, Families, Literacy, Employment, Drop-in. <http://elmwoodcrc.ca/>


Elmwood-EK Active Living Centre-180 Poplar Ave.

204-669-0750 Recreation and programs for seniors






Returning to school can be challenging. We want to support you in achieving your goals. You will receive direct support with assignments, learn different study techniques, and have access to internet and computers. Your children will learn alongside with dedicated mentors that will assist them in their homework.





Mondays 4pm - 6pm | 325 Talbot Avenue

For more information contact
(204) 668 3181
refuge@riverwood.cc

visit us online:
refuge.community







Contact us with your article ideas
or advertisements!

Phone: 204-669-0750
Email: chalmersrenewal@mymts.net