

# Elmwood - East Kildonan Active Living Center



Seniors Helping Seniors and their Community

# January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	For more information on our programs please drop in and visit us at: 180 Poplar Avenue Or contact us at: Phone: 204-669-0750 Email: <a href="mailto:poplarseniors@live.ca">poplarseniors@live.ca</a>		1 Casual Painting 9:30-3:30 YEAR – 4:30-8:30	2 TIE TYKES 9-12 Darts 10am YEAR – 4:30-8:30	3 Carpet Bowling 1-3:30	4 DROP IN 12-3
5	6 Floor Curling 1-4 OIL PTG- 9-12	7 TIE TYKES 9-12 Cribbage 1pm YEAR – 4:30-8:30	8 Casual Painting 9:30-3:30 YEAR – 4:30-8:30 Quilting 11-3	9 TIE TYKES 9-12 Darts 10am YEAR – 4:30-8:30 EK LIONS 7-9	10 Carpet Bowling 1-3:30	11 DROP IN 12-3
12	13 Casual Painting 7pm-9 pm Floor Curling 1-4 OIL PTG- 9-12	14 TIE TYKES 9-12 Cribbage 1pm YEAR – 4:30-8:30 EEKALC EXEC MTG. 10AM	15 Casual Painting 9:30-3:30 YEAR – 4:30-8:30	16 TIE TYKES 9-12 Darts 10am YEAR – 4:30-8:30	17 Carpet Bowling 1-3:30	18 Jets Game 1PM Prairie Carvers 8 am- 5 pm
19 Prairie Carvers 8 am-5 pm	20 Casual Painting 7pm-9 pm Floor Curling 1-4 OIL PTG- 9-12	21 TIE TYKES 9-12 Cribbage 1pm YEAR – 4:30-8:30	22 Casual Painting 9:30-3:30 YEAR – 4:30-8:30	23 TIE TYKES 9-12 Darts 10am YEAR – 4:30-8:30 EK LIONS 7-9	24 LCAG exec. Mtg. 1-3 Carpet Bowling 1-3:30	25 DROP IN 12-3
26	27 Casual Painting 7pm-9 pm Floor Curling 1-4 OIL PTG- 9-12	28 TIE TYKES 9-12 Cribbage 1pm YEAR – 4:30-8:30	29 Casual Painting 9:30-3:30 YEAR – 4:30-8:30	30 TIE TYKES 9-12 Darts 10am YEAR – 4:30-8:30	31 Carpet Bowling 1-3:30	Happy New Year!