

CHALMERS NEWS

Your Neighbourhood | Fun Facts | Ways to get involved

Upcoming Events in the Neighbourhood



The <u>CP Holiday Train</u> will be in our area on **Friday**, **December 4**, **2015**

Location: Molson St. between Panet Road & Munroe Avenue

Arrival: 9:00 pm

Event time: 9:15 pm - 9:45 pm

The <u>CP Holiday</u>
<u>Train</u> travels across
Canada and the
United States
raising money,
food & awareness.





Having Fun with Little Ones Together in Elmwood Child-Parent Coalition

TIE Tykes Programs

A place to meet other parents and caregivers, children can enjoy creative playtime, circle time, craft time and enjoy a healthy snack together. Follow TIE Tykes on Facebook!

Free crafts, cooking, fitness, and literacy programs and field trips, too? If you have not already heard of TIE Tykes, you'll want to check it out while you are taking care of young children. This wonderful program for 0-5 year-olds and their parents/caregivers is offered in our neighbourhood at no cost. It is easy to join, because TIE Tykes has a regular drop-in schedule held at three near-by locations. Simply stop in for a visit and learn more about up-coming activities.

This October, TIE Tykes rented a bus for everyone to attend a field trip on a farm outside of the city. The group enjoyed this fun and free field trip! TIE Tykes also held a clothing swap. families could simply picked-up or drop off snowsuits and clothing to keep cozy! These programs and many more can be found on their calendar, or by stopping by TIE Tykes! For more



information contact: Leilani at tietykes@gmail.com or

204-890-3282

Phone: 204-669-0750

Email: chalmersrenewal@mymts.net

You can find TIE Tykes at the following locations/times:

- 1. **Chalmers Community Club** (480 Chalmers Ave.): Monday & Friday at 9am-Noon, Monday, Tuesday & Thursday at 1pm-3pm
- 2. **EK Active Living Centre** (180 Poplar Ave.): Tuesday & Thursday at 9am-Noon
- 3. East Elmwood Community Club (490 Keenleyside St.): Wednesday at 9am-Noon



Upcoming Events in the Neighbourhood

ECRC's Breakfast with Santa:

December 5th, 2015 10am-12pm 267 Riverton Ave. FREE event. RSVP to 204-982-1720

Elmwood-East Kildonan Active Living Centre's **Christmas Dinner:** December 5th, 2015 1pm 180 Poplar Ave.

Tickets: \$15 (Registration Cutoff: **November 27**, 2015)

TIE's **Santa Event:**December 10th, 2015
10am-12pm
180 Poplar Ave.

FREE event. RSVP to Ramona at TIE Tykes.

BAG Pick-up Days

Tuesday, December 1, 2015 & Tuesday, December 15, 2015 at Chalmers Community Centre, 480 Chalmers Ave. (to order contact a produce bag:

<u>elmwoodbag@gmail.com</u> or 204-669-0750)

ADVERTISE EVENTS HERE! Contact:

204-669-0750

chalmersrenewal@mymts.net

Youth Enjoy After School Programs in the Neighbourhood!



The Youth in Elmwood Arts and Recreation (YEAR) Program program offered by Elmwood Community Resource Centre is an after school drop-in program providing youth with a supportive, safe place to learn and grow, featuring multi-cultural teaching as well

as arts and crafts, nutrition, recreational activities and life skills training.

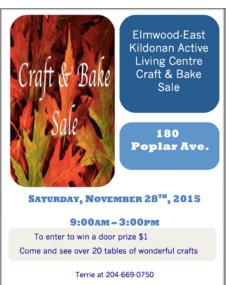
YEAR's main goal is to keep the youth (age 12-17) involved in our community. They strongly believe when a person feels good about themselves and their achievements and that it will encourage them to make informed and positive life choices. Self-esteem is essential in a youth's life and the YEAR program aims to build their self -esteems with a lot of encouragement, positive role modelling, and mentoring.

For more information contact 204-982-1720 ext. 309

ECRC offers many other programs for: Youth, Parents, Newcomers, Families, Literacy, Employment, and more.

Address: 545 Watt Street Phone: 204-982-1720

Website: http://elmwoodcrc.ca/



Phone: 204-669-0750

Email: chalmersrenewal@mymts.net

