



Better Access to Groceries (BAG) in Elmwood



In partnership with



Better Access to Groceries (BAG) is...

- A bag of fresh and low-cost **fruits and vegetables**
- Available for people in the Chalmers neighbourhood and surrounding Elmwood community
- Promoting community engagement activities and healthy eating

BAG Instructions:

- Order your BAG no later than **noon the day before pick-up**. You may order by:
Email: elmwoodbag@gmail.com -**OR-**
Telephone: 204-669-0750 (ask for Dale or Leilani) -**OR-**
In-person: 180 Poplar Ave. or 480 Chalmers Ave.
- Pick-up your BAG and enjoy!
Date: Every 1st and 3rd Tuesday of the month
Time: 2:30 pm to 6:30 pm
Location: Chalmers Community Centre, 480 Chalmers Ave.
Please pay in CASH at pick-up.

Learn more about BAG online or contact us:

Website: chalmersrenewal.org/bag Email: elmwoodbag@gmail.com Telephone: 204-669-0750

— Ask us about our optional FEATURE Recipe BAG! —

**Each Recipe BAG features a recipe with all the DRY GOODS and CANNED GOODS ingredients you will need!*

BAG - Better Access to Groceries: ORDER FORM

Date: _____ / _____ / _____
Day Month Year

Each BAG contains a variety of fresh fruits & vegetables.

Order quantity (please select your choice with an X): 1 BAG for \$10 **OR** 2 BAGS for \$20

First Name: _____ Last Name _____

Address: _____ Postal Code: _____

Phone #: _____ Cell #: _____ Email: _____

Would you like to receive promotional material from BAG? YES NO

**We will contact you via email or telephone to confirm your order and first pick-up date.
Due to our limited space, you may be placed on our waiting list.**

Thank-you for your interest in BAG!